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## Exploring the Influence of Sustainable Development Educational Programmes on Adult Mexicans' Sustainable Living: A Case Study of MY World Mexico

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In the last few years, the world has shown us how dependent we are on earth and on each other, and that our lifestyles cannot be sustained by the ongoing models. In response to this, several educational programmes and groups have emerged aiming to aid discussion and understanding of the challenges facing our world. One such group is MY World Mexico (MWM), who are an online social enterprise committed to mobilising and actively engage people in sustainable development practices. This qualitative study investigated the influence of MWM adult education programmes on adults' sustainable living. The results suggest that the organisation's adult education practices have an innovative and far-reaching impact on the spread of dialogical spaces, partnerships, and collaboration towards promoting sustainable actions.